

## Chapter 1: The Legacy of Manhood

### Summary

In this chapter, Ricks discusses the definition of manhood, the characteristics of a man, the responsibilities of a man, and how to become a man. He argues that manhood is not about physical strength or wealth, but about character and virtue. A man is someone who is responsible, courageous, and honorable. He is someone who loves and protects his family, and who serves his community.

### Key Terms and Concepts

- Manhood: The state of being a man.
- Character: The moral and ethical qualities of a person.
- Virtue: A good quality or moral excellence.
- Responsibility: The obligation to fulfill one's duties or obligations.
- Courage: The ability to face danger, pain, or difficulty without fear.
- Honor: The quality of being honest and upright.
- Family: A group of people who are related to each other by blood or marriage.
- Community: A group of people who live in the same place and share common interests.

### Questions and Exercises

1. What are the three pillars of manhood, according to Ricks?
2. What are the four responsibilities of a man, according to Ricks?
3. What are some Bible verses that support the idea of manhood as Ricks defines it?
4. What are some challenges that men face in today's society?
5. How can men overcome these challenges and become the men God created them to be?

### Discussion Prompts

- What do you think are the most important qualities of a man?
- What are some ways that men can be more responsible?
- How can men be more courageous?
- What are some ways that men can honor their families and communities?

- What are some challenges that you have faced as a man? How have you overcome them?

## **Application Exercises**

1. Make a list of the qualities that you think are most important for a man to have.
2. Set some goals for yourself to become a better man.
3. Find a mentor or role model who can help you on your journey to manhood.
4. Get involved in your community and serve others.
5. Pray for God's help to become the man He created you to be.

## **Biblical References**

- Proverbs 22:6: "Train up a child in the way he should go, and when he is old, he will not depart from it."
- Ephesians 6:4: "Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord."
- 1 Timothy 5:8: "But if anyone does not provide for his relatives, and especially for members of his household, he has denied the faith and is worse than an unbeliever."
- 1 Peter 3:7: "Husbands, in the same way be considerate as you live with your wives and treat them with respect as the weaker partner and as heirs with you of the grace of life, so that nothing will hinder your prayers."
- 1 John 4:20: "If anyone says, 'I love God,' yet hates his brother, he is a liar. For anyone who does not love his brother, whom he has seen, cannot love God, whom he has not seen."